PHMC Health Network offers primary and behavioral health, substance use treatment, trauma and social services via telehealth! Consultations are available with a provider through any device – phone, tablet or computer - as well as in person when appropriate.

We are doing COVID-19 testing in our health centers. If you are experiencing flu-like symptoms such as fever, cough or shortness of breath, please call: 855.887.9229 to speak to a nurse first.

**Telehealth and in-person services:**
*For children, adults and seniors including individuals experiencing homelessness*

**Preventive and Primary Care:**
Chronic disease management such as diabetes, prescription refills, contraception services, pediatric visits, well visits, laboratory needs and guidance on how to protect yourself from COVID-19.

**Behavioral health and wellness services:**
Mental health concerns, psychiatric medication management, stress and anxiety caused by COVID-19.

**Substance use disorder treatment and support:**
Medication assisted treatment, peer recovery services.

**Trauma services:**
For those who have experienced physical and mental trauma, including domestic violence, exposure to interpersonal and community violence and all forms of sexual, physical and emotional abuse.

**Social services:**
Connecting to health insurance, SNAP/TANF benefits, or helping to manage other financial burdens such as food insecurity, unemployment or utility concerns due to COVID-19. Ryan White services for HIV treatment and support are available.

*Most insurance plans are accepted, including Medicare and Medicaid.*

*All patients will be seen regardless of their ability to pay.*

Call 855.887.9229

**PHMC CARE CLINIC**
1200 Callowhill Street
Philadelphia, PA 19123

**MARY HOWARD HEALTH CENTER**
125 S. 9th Street
Philadelphia, PA 19107

**PHMC HEALTH CONNECTION**
1900 N. 9th Street
Philadelphia, PA 19122

**CONGRESO HEALTH CENTER**
412 W Lehigh Avenue
Philadelphia, PA 19133

**RISING SUN HEALTH CENTER**
5675 N Front Street
Philadelphia, PA 19120

phmchealthnetwork.org